

Dear Parents,

On Friday, April 23<sup>rd</sup> we will be doing a combined Jr. and Sr. High event called the 30 Hour Famine. The 30 Hour Famine is an event where our youth group will go without food for 30 hours. We are doing this to raise funds and awareness for starving children around the world. During the course of the next few months our teens will be trying to find people to sponsor them for this event. This is similar to sponsoring someone who is going to run a marathon. All money collected will go to help starving children around the world. This event is done through World Vision, which is one of the largest Christian relief agencies in the world. Below is some valuable information about what we will be doing.

**PREPERATION:**

All students wishing to participate in this event will be given a fund raising packet and a release/permission form. We are asking that all students set a personal goal and try to achieve it. We are also asking for parents to encourage and pray for their child during this process.

**EVENT:**

The actual event will consist of few different stages. The famine will kick off on Friday, April 23<sup>rd</sup> at 7 a.m. We will be gathering together for breakfast that morning at various homes and restaurants throughout the area. The fast will begin at 7 a.m. The students then will go to school. The students will refrain from eating lunch at school that day. After school we will be coming together as a group to have the formal overnight event. On Friday evening and Saturday morning we will be doing a variety of service projects and fun events. All students will sleep at the church on Friday evening (this is NOT an all nighter). We will break our fast together at 1 pm with communion and a meal.

I just want you to know that the health and safety of your child is our first priority. We will be making sure that the teens are supervised and prepared for this process. Our students will be drinking water and juice throughout the 30 hours. A detailed schedule of activities will be available early in April. If you have any questions please let me know.

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