



# AUTHENTIC JESUS

## Authentic Humility

[Philippians 2:1-10]

*Blessed are the poor in spirit for theirs is the kingdom of heaven. Matthew 5:3*

### 5 Attributes of Authentic Humility

- [1] Identity in Christ [Rooted]  
*Colossians 2:6-8*
- [2] Grace Dependent/Driven [Perspective]  
*1 Corinthians 15:10a*
- [3] Biblically Curious [Teachable]  
*Psalms 1:1-2; 119:15-16*
- [4] Other-Centered [Esteeming/Serving Others]  
[See People Like Jesus Sees Them]  
*Philippians 2:3-5*
- [5] Living in the Eternal [Kingdom-Focused]  
*Philippians 3:17-21*

poor [ptochos] “The poor in spirit” are not lacking in spirit, but have the positive moral quality of humility, realizing they have nothing to offer God but are in need of his free gifts. [Bible Gateway, NIV Interlinear]

*This Greek word describes humility that leads God’s people to depend wholly on him. [D.A. Carson - EBC]*

**Philippians 2:1-11** So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, <sup>2</sup> complete my joy by being of the same mind, having the same love, being in full accord and of one mind. <sup>3</sup> Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. <sup>4</sup> Let each of you look not only to his own interests, but also to the interests of others. <sup>5</sup> Have this mind among yourselves, which is yours in Christ Jesus, <sup>6</sup> who, though he was in the form of God, did not count equality with God a thing to be grasped, <sup>7</sup> but emptied himself, by taking the form of a servant, being born in the likeness of men. <sup>8</sup> And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. <sup>9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name, <sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, <sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

**Colossians 2:6-8** Therefore, as you received Christ Jesus the Lord, so walk in him, <sup>7</sup> rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. <sup>8</sup> See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ.

**Psalms 1:1-2** Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; <sup>2</sup> but his delight is in the law of the Lord, and on his law he meditates day and night.

### Discussion Questions/Prayer

- [1] Read Philippians 2:5-11. What can we say for certain about Jesus based on these verses? When have you seen humility make a positive impact? [LCSB]
- [2] In Philippians 2:6-8 Paul writes that Jesus came to earth and humbled Himself in order to die on the cross for us. How do you truly appreciate the sacrifice Jesus made on your behalf? [ABIDE]
- [3] Read Psalm 1:1-2. What is the best time of day for you to meditate on God’s Word? Why does that work better for you than other times of the day? [LCSB]
- [4] Spend some time in prayer, meditating on Christ’s humility. Consider what He willingly gave up in order to die for us, and thank Him. How can you imitate His humility in your daily interactions with people around you? [ABIDE]