



Preserve me, O God, for in you I take refuge.

2 I say to the Lord, "You are my Lord; I have no good apart from you."

3 As for the saints in the land, they are the excellent ones, in whom is all my delight.

4 The sorrows of those who run after another god shall multiply;
their drink offerings of blood I will not pour out or take their names on my lips.

5 The Lord is my chosen portion and my cup; you hold my lot.

6 The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance.

7 I bless the Lord who gives me counsel; in the night also my heart instructs me.

8 I have set the Lord always before me; because he is at my right hand, I shall not be shaken.

9 Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure.

10 For you will not abandon my soul to Sheol, or let your holy one see corruption.

11 You make known to me the path of life in your presence there is fullness of joy;
at your right hand are pleasures forevermore.

Psalm 16

Living in Fear? (Psalm 16)

I Have Three Questions for You:

- 1) Are You Praying? (1-4)
- 2) Are You Celebrating? (5-7)
- 3) Are you Courageous? (8-11)

Discussion Questions:

1. Read Psalm 16:1-4. How often do you pray? When are you most often reminded you need to pray? When you pray do you reflect on what God has done and trust in God for what's ahead in your journey? Discuss.
2. Read Psalm 16:5-7. In verse five the Psalmist celebrates receiving the "cup" of blessing. What he is celebrating is that his eternal destiny is found in the Lord. Do you celebrate this truth in your own life as a believer? Where do you see God providing good gifts, guidance, and protection for you? Discuss
3. Read Psalm 16:8-11. Do you have confidence in God's promises? Why does the Psalmist proclaim that he is glad, complete in joy, and secure in life with such confidence? (Hint: the answer is in the last two verses)
4. Pray for each other focusing on the truth of God's eternal presence in your lives, personal holiness, spiritual direction and discernment, and consistent joy.