

In God We Trust (Psalm 56)

Trusting God in Every Circumstance

- 1. Choosing Faith Over Unbelief (Psalm 56:3)
- 2. Choosing Worship Over Fear (Psalm 56:4,10,11)
- 3. Choosing Confidence Over Insecurity (Psalm 56:8-9)
- 4. Choosing Gratitude Over Anxiety (Psalm 56:12-13)

Discussion Questions:

- If you collected all the tears you shed in recent years how much water would you have: a glass, bucket? Swimming Pool? Niagara falls? Why? Discuss.
- Does fear lead you to trust God more or less? On the other hand, does not trusting God lead you to be more or less fearful? How can you choose faith when you are afraid? Discuss.
- 3. Read Psalm 56:12-13. This season in life was intense for David - he was on the run! We all have seasons where we (or we want to) run from the storms of life. However, we are called to trust Him in the storm and discern the right response to the situation. David responded to the storm with gratitude and worship. How good are you at responding to the storm with gratitude and worship? Discuss.

Questions 1 and 2 are taken from the Serendipity Bible for Groups

Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me;

- ² my enemies trample on me all day long, for many attack me proudly.
- ³ When I am afraid, I put my trust in you.
- ⁴ In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?
- ⁵ All day long they injure my cause; all their thoughts are against me for evil.
- ⁶ They stir up strife, they lurk; they watch my steps, as they have waited for my life.
- ⁷ For their crime will they escape? In wrath cast down the peoples, O God!
- ⁸ You have kept count of my tossings; put my tears in your bottle. Are they not in your book?
- ⁹ Then my enemies will turn back in the day when I call. This I know, that God is for me.
- ¹⁰ In God, whose word I praise, in the Lord, whose word I praise,
- ¹¹ in God I trust; I shall not be afraid. What can man do to me?
- ¹² I must perform my vows to you, O God;I will render thank offerings to you.
- ¹³ For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life.

Psalm 56