



Mark 4:35-41: On that day, when evening had come, Jesus said to them, "Let us go across to the other side."³⁶ And leaving the crowd, they took Jesus with them in the boat, just as he was. And other boats were with him.³⁷ And a great windstorm arose (whirlwind), and the waves were breaking into the boat, so that the boat was already filling.³⁸ But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?"³⁹ And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm.⁴⁰ He said to them, "Why are you so afraid? Have you still no faith?"⁴¹ And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

Step 1: Choose to Trust (Mark 4:35-41)

- A. Why were the Disciples so scared? Rah'hab (Psalm 89:10)
- B. What can we learn from the response of Jesus to the disciples in this passage? (PATIENCE, POWER & GRACE)
1. He was exhausted - sleeping (38a)
 2. He was patient - (38b)
 3. He spoke into the storm and it stopped (39)
 4. He used the crisis as a teaching moment (40)
- C. What can we learn from the response of the disciples to Jesus in this passage? (PROGRESSION)
- Initial response: Pursuit (38b)
- 2nd Response: Experiencing his Power & Grace (39)
- 3rd Response: Received his teaching/challenge (40)
- Final Response: Declared Him as the *strong* Son of God who would go through every storm with them (41)
- D. What do we have to fear? (Psalm 56:3)
- (✓ those that reflect your struggle with fear)
- Fear of Rejection (Romans 8:38-39)
 - Fear of Failure (Joshua 1:5-6,9; Psalm 73:26)
 - Fear of Uncertainty - Future (Deut. 31:8; Matt. 6:33f)
 - Fear of Loneliness (Deut. 31:6; Psalm 23:4)
 - Fear of Change (Proverbs 3:5-6)
 - Fear of Loss of Freedom (Ga. 5:13-14; I Peter 2:16)
 - Fear of Being Judged (Psalm 34:22)
 - Fear of Something Bad Happening (Romans 8:28)
 - Fear of Getting Hurt (Matt. 6:25-33)
 - Fear of Inadequacy (I John 3:1a; 2 Tim 1:7)

Psalm 89:9-10: You rule the raging of the sea; when its waves rise, you still them.

¹⁰ You crushed Rahab like a carcass; you scattered your enemies with your mighty arm.

Psalm 56:3: When I am afraid, I put my trust in you.

Discussion Questions:

1. What do you think is your greatest fear? Pick one on the list of fears and discuss why it is so prominent in your life.
2. When Jesus speaks there is power and grace. Think of a time a time in your life where the power and grace of God was on display in your life? Share.
3. Progression. That is the word that describes the response of the disciples to Jesus in this text. There responses give us four levels of Spiritual maturity: 1) pursuit of Jesus in crisis, 2) experiencing His power and grace, 3) receiving his teaching/challenge, and 4) declaring Him as Lord. Are you somewhere in this progression right now when it comes to a struggle in your life? Discuss.
4. Discuss and pray that as you progress in your relationship with Jesus that you continue to trust in his promise and call on your life? Discuss.