



... Biblical hope is a reality and not a feeling. Biblical hope carries no doubt. Biblical hope is a sure foundation upon which we base our lives, believing that God always keeps His promises. - [gotquestions.org](http://gotquestions.org)

## PROMISED HOPE

### 1. The Prophecy - Expectation

(Micah 5:2)

### 2. The Promise Fulfilled

(Ephesians 1:15-23)

### 3. The Components of Hope

- A. Praise (Psalm 42:5; 71:5-6)
- B. Promise of Love (Psalm 33:20-22)
- C. Presence of God's Power  
(Psalm 62:5-6, 65:4-6)
- D. Promise of Eternal Life (I John 2:24-25)

#### Discussion Questions

1. Read the definition of hope in the outline and Ephesians 1:15-23. In the definition and the text we see that our hope is found in Christ. Discuss the components of hope found in the definition.
2. Read all the Psalms. Which one speaks to you the most? Why?
3. Read I John 2:24-25. Pray for each other that you use this season to draw closer to Christ as you walk through Advent abiding in his presence.

■ **Micah 5:2** . . . you, O Bethlehem Ephrathah, who are too little to be among the clans of Judah, from you shall come forth for me one who is to be ruler in Israel, whose coming forth is from of old, from ancient days.

■ **Ephesians 1:15-23** For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, <sup>16</sup> I do not cease to give thanks for you, remembering you in my prayers, <sup>17</sup> that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him, <sup>18</sup> having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, <sup>19</sup> and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might <sup>20</sup> that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, <sup>21</sup> far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. <sup>22</sup> And he put all things under his feet and gave him as head over all things to the church, <sup>23</sup> which is his body, the fullness of him who fills all in all.

■ **Psalm 42:5** Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

■ **Psalm 71:5-6** For you, O Lord, are my hope, my trust, O Lord, from my youth. <sup>6</sup> Upon you I have leaned from before my birth; you are he who took me from my mother's womb. My praise is continually of you.

■ **Psalm 33:20-22** Our soul waits for the Lord; he is our help and our shield. <sup>21</sup> For our heart is glad in him, because we trust in his holy name. <sup>22</sup> Let your steadfast love, O Lord, be upon us, even as we hope in you.

■ **Psalm 62:5-6** For God alone, O my soul, wait in silence, for my hope is from him. <sup>6</sup> He only is my rock and my salvation, my fortress; I shall not be shaken.

■ **Psalm 65:4-6** Blessed is the one you choose and bring near, to dwell in your courts! We shall be satisfied with the goodness of your house, the holiness of your temple! <sup>5</sup> By awesome deeds you answer us with righteousness, O God of our salvation, the hope of all the ends of the earth and of the farthest seas; <sup>6</sup> the one who by his strength established the mountains, being girded with might; . . .

■ **I John 2:24-25** Let what you heard from the beginning abide in you. If what you heard from the beginning abides in you, then you too will abide in the Son and in the Father. <sup>25</sup> And this is the promise that he made to us—eternal life.